AUTISTIC PRIDE DAY

Workplace guide

Start with one action you can put into practice.

Choose one process

Look at one hiring round, meeting, consultation or application process. Map what people have to do and remove steps that are not essential to the task.

Choose the action that fits what your manager or leadership team can decide. Send the briefing first, ask for a meeting and ask for a decision by a date.

Plan for the people taking part

Say what will happen and how long it will run. Explain the space, light and noise in advance. Offer ways to take part without speaking.

Let people leave and come back. Share written information before the meeting. Ask what helps rather than making assumptions about a diagnosis.

Make the commitment concrete

Write what you will do, name who is responsible and set a date. Put the commitment on the Register and report what you actually did.

If you run team learning, start with free Tier 1 of The Autistic Standard. Give people time and a choice of how to take part.

Invitation template

On [date] we are marking Autistic Pride Day at [place or link]. What happens: [what you will do, in two lines]. It runs for [length].

[There is a quiet space. / It is online, with the camera optional.] You can take part without speaking, and leave at any time. Tell me if you need anything to take part. [Your name]

Useful links

https://autisticprideday.org/campaign-studio/

https://autisticprideday.org/take-action/write/

https://autisticprideday.org/commitment-register/

Read the web version: https://autisticprideday.org/the-toolkit/workplace-guide/